

SOUTHERN ARIZONA AUTHORS

Dive into nature, miracles and history

SPECIAL TO
THE ARIZONA DAILY STAR

"Do You Believe in Miracles?" by Angela Lopez and Eugene Sierras. Trafford Publishing. 101 pages. \$26.99 paperback; \$3.99 e-book.

As Angela Lopez relates it, in 1999, the year she was retiring from teaching school, she had a dream about God. White-bearded, kindly and old, He had an idea: Open a Catholic store — an outlet for religious items. "Show people beautiful rosaries, scapulars, and religious statues," God told her. So she did. Across from Tucson's Rincon Market.

This glossy yet modest volume is a collection of personal anecdotes and stories told to Lopez that attribute miracles in life to saints' intercessions or prayer — the reappearance of long-lost possessions, inexplicable recovery from illness, the banishing of evil spirits, the shadowy apparition of the Virgin Mary. Many of these stories came from conversations in the small midtown shop — Casa de Inspiración — which she ran for 15 years with a colleague. The shop and this collection are clearly labors of love.

— Christine Wald-Hopkins

"May the Owl Call Again: A Return to Poet John Meade Haines, 1924–2011" by Rachel Epstein. Cirque Press. 230 pages. \$40.

Rachel Epstein's title to this tribute to former poet laureate of Alaska John Meade Haines is a fitting complement to Haines's poem "If the Owl Calls Again." "At dusk" it begins, "from the island in the river, / and it's not too cold, // I'll wait for the moon/ to rise, / and then take wing to glide/ to meet him."

Epstein wants Haines to be remembered.

Epstein, then the special events coordinator at the University of Alaska Anchorage Campus Bookstore, met John Meade Haines in 2009. He, at 84, had come to Anchorage to participate in an Alaskan Writer Laureates panel. They began a friendship through letters that would last until his death two years later. Here she compiles his letters to her, a lecture, a representation of his visionary nature poems and essays, and her own reflections.

Haines was an unconventional poet: migrating from the East to homestead in wilderness Alaska, he built his own house and lived on the economic edge, trapping and selling furs — then living on grants and temporary artist residences — and writing poetry that reflects the beauty and ferocity of Alaskan life and nature. He was reported to be "cannibalistic," (note five failed marriages), but his correspondence with Epstein shows a becalmed spirit, a still-curious mind and an elder's encouragement, but also the reality of his aging body. Epstein presents the book to "anyone willing to open their world to a kind wildness that comforts and confronts day-to-day existence."

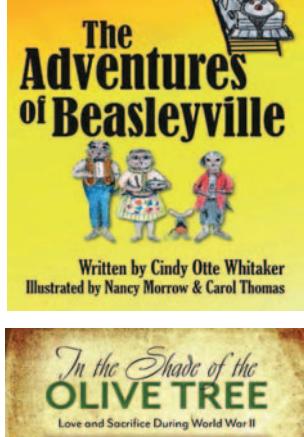
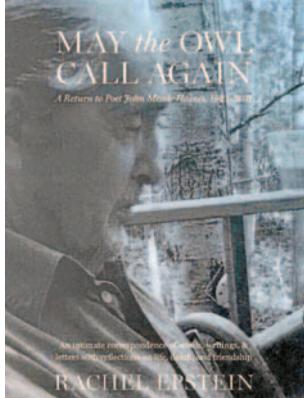
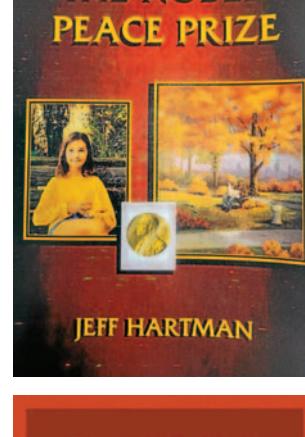
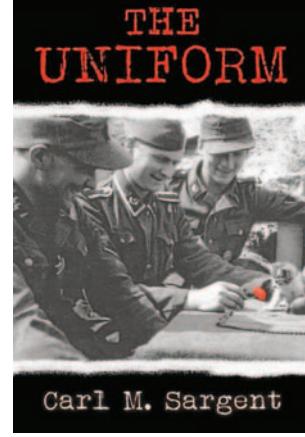
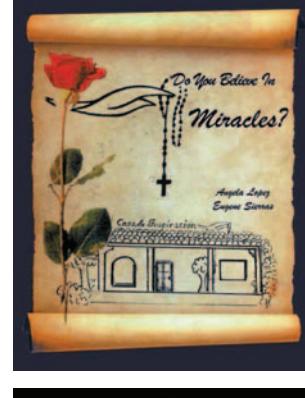
It worked for this reader.

— Christine Wald-Hopkins

"The Uniform" by Carl M. Sargent. Wheatmark. 288 pages. \$15.95 paperback.

Your standard World War II war stories feature players from the world's powers — French resisters, British spies, US GIs. You don't usually get what this remarkable biographical novel offers: the tale of a soldier from a powerless nation.

In 1938, Reho Othmann was a 13-year-old schoolboy in rural Estonia, when fascist rumblings were beginning to be felt in Western Europe. Tiny Estonia, then newly independent from Russia, perches on the Baltic Sea, with Finland to the north; Sweden to its west; the USSR fully abutting its eastern back. Estonia and the Baltic nations to the south — Latvia, Lithuania and East Prussia — couldn't be more vulnerable — and useful — to competing superpowers. One reason is its



it's a life-saving haven he blundered into while on the run from a cat.

The gophers invite him to stay while he searches for his long-lost family. How to repay this kindness? Given the proclivity of "Topsiders" for setting snares to thwart four-footed intruders, Buddy believes he can be helpful. He does, after all, know a thing or two about mouse traps, and he proves it.

This is a charming book, perfect for a read-aloud. Young readers will enjoy author Cindy Otte Whitaker's colorful, compassionate and resourceful characters — named for people and pets in her life — and her imaginative setting. Whitaker, who lives in Tucson and has a degree in criminal justice, hints that more Beasleyville adventures are planned.

— Helene Woodhams

"How to Win the Nobel Peace Prize" by Jeff Hartman. Independently published. 175 pages. \$11.95; \$4.99 Kindle

Collaborating on a book about world peace might not be everyone's favorite way to spend summer vacation, but in this warm-hearted novel it's a big idea that Joe Antonelli and his granddaughter, Amelia, can bond over.

Recently retired and somewhat at loose ends, Joe is looking forward to Amelia's lengthy visit while her parents are away on business. But others in his family have misgivings: Amelia is on the autism spectrum and the two may not be a good fit.

They needn't have worried. Joe is in tune with Amelia's need for space and for honesty, and he marvels at the exceptional, thought-provoking person she is. Her autism, he realizes, is a super power. Thus armed, he inspires her best, and she returns the favor by reminding him of his youthful idealism.

They connect, share and brainstorm together and their ideas about building a more perfect world explode like fireworks. Maybe winning a Nobel Prize isn't such a crazy idea after all.

Author Jeff Hartman, a retired educator, clearly knows something about relationship building: this is a lovely story filled with tenderness and truth. Hartman has published three novels and an educational book for children on Columbia University's Biosphere 2 Center. He lives in Tucson.

— Helene Woodhams

"In the Shade of the Olive Tree: Love and Sacrifice During World War II" by Christine Grady Gorder. Wheatmark. 269 pages. \$16.95, \$9.99 Kindle

They say you never for-

get your first love. This is certainly true for Christine Grady Gorder, whose story of devotion to an old flame has its roots in WWII-era Tucson.

In 1943, Gorder was a coed at the University of Arizona. With the proximity of Davis-Monthan there was no shortage of young airmen in town, and Gorder attended mixers at Bear Down Gym and USO dances at the Pioneer Hotel. One night she found herself falling in love to the strains of Glen Miller with Ward Sackal, a particularly handsome young flyer. But sweet romances are often a casualty of wartime — he shipped out a few months later, and died in combat.

In subsequent decades Gorder raised a family and had a successful career, but Ward Sackal stayed in her thoughts. With the help of diary entries and her own vivid recollections Gorder recounts, in this evocative and deeply satisfying memoir, the pilgrimage to find her lost airman that brought her to France and his final resting place. It's a location to which she returns frequently to rendezvous with her never-forgotten, first love and, she notes, her passport is valid until she reaches age 100. Gorder is retired from careers at the CIA and as an ESL instructor at the UA, and lives in Tucson.

— Helene Woodhams

"Journeys of a Pure Naturalist (The Pure Naturalist Book 1)" by Joe "JB" Billings. MonarchQuestAZ. 266 pages. \$33.17; \$9.99 Kindle

Naturalist and self-proclaimed 21st-century cave-man Joe "JB" Billings is the guy you want along when bushwhacking through wild country or paddling out to sea in a watercraft made of reeds. You might especially welcome him to join you around the campfire to swap stories: he's got some great ones, as his new memoir cum adventure journal makes abundantly clear.

"Journeys" begins with the author's youth in the shadow of the Santa Catalina Mountains, already attuned to the siren song of the outdoors. He describes many fine adventures in some hair-raising locales in the mountains and deserts of Southern Arizona and the Sea of Cortez, beguiling us with discoveries from mastodon molars to water scavenger beetles.

As the title indicates, Billings strives to be a "pure" naturalist, eschewing such modern conveniences as compasses and flashlights to live and learn like the Indigenous people. Among his many accomplishments is flintknapping, fashioning primitive weapons from stone.

There's a lot to take in here — Billings has many passions he's eager to share. Readers with an interest in the natural world will be enthralled by his work at MonarchQuestAZ — he's tagged thousands of monarch butterflies to study their migration patterns and provides a thorough survey of native pollinator plants in the southwest desert.

Prior to MonarchQuestAZ, Billings was an award-winning landscape designer; he lives in Vail.

— Helene Woodhams

Christine Wald-Hopkins, a former high school and college English teacher and occasional essayist, has long been a book critic for national, regional and local newspapers.

Helene Woodhams is retired from Pima County Public Library, where she was the literary arts librarian.

If you are a Southern Arizona author and would like your book to be considered for this column, send a copy to: Sara Brown, P.O. Box 26887, Tucson, AZ, 85726-6887. Give the price and contact name. Books must have been published within a year. Authors may submit no more than one book per calendar year.

mountains.

DIY ollas from clay planters

Ideally, get a pot that has not been fired at a high temperature as this will prevent water from seeping as efficiently as it needs to. Choose a pot or several, depending on the size of olla you want. You can use a single pot with a saucer lid over it or you can glue two pots together if you want a deeper olla.

1. Plug the bottom hole with a rubber stopper or some food-grade silicone glue.

2. Dig an olla-sized hole in your soil.

3. Insert the olla into your soil and fill with water. Cover with a saucer and refill as needed.

4. If you're making an olla out of two pots, plug the bottom of one of the pots and then glue them together at the rims with silicone glue and wait for it to dry. Test it for leaks. The olla can be filled through the hole in the second pot.

For helpful videos on making ollas, visit tucne.ws/1qkx and tucne.ws/1qky

Ollas

From E1

want more of a reservoir, you can also link together several ollas in series using irrigation tubing.

Plants that benefit from ollas

Crops such as squashes, melons, cucumbers, tomatoes, chilies and other crops with fibrous roots are well-suited to using ollas.

Small native shrubs, perennial grasses, larger flowering perennials like globemallows, roses, dahlias and similar plants can also do well with olla irrigation, although plants that are not drought-tolerant may need additional watering systems.

Young trees and larger shrubs that are getting established can also benefit, particularly if they are native to this region. Keep in mind that eventually their roots may crack the ollas, but native plants will likely have outgrown their need for extra water by the time this happens.

Pros of ollas

■ They are very efficient at providing plants with just the right amount of moisture; you will never overwater or underwater with ollas.

■ They can be inexpensive, particularly if you make your own with cheap unglazed clay plant pots and saucers.

■ They come in a variety of sizes.

■ They don't require frequent top-ups if it's cool, raining or if the ollas are large, making them good candidates for supplemental watering of native plants on the edges of a garden or property.

■ They are all-natural and nontoxic.

■ They help gardeners conserve water.

■ You will have fewer weeds because the water is being delivered directly to roots.

Cons of ollas

■ They take up a lot of soil space, which can be a challenge in smaller gardens.

■ Over time, the minerals in city and well water can plug up the micro pores. If you collect rainwater, you should use this to fill your ollas.

■ You need to plan in advance; it's harder to put in ollas after you have already planted.

■ They are breakable, so you need to be careful with garden tools near ollas. Mark them with a flag if they're buried in the ground.

■ They make your containers heavier.

■ They don't work too well with plants that have small root systems or plants such as larger trees with aggressive big roots that can break the ollas.

■ In cold climates, they can crack if the soil freezes. This is unlikely in our area unless you live in the

Other olla resources

■ "How to use olla irrigation" from Water Use It Wisely at tucne.ws/1qkz

■ "Irrigating with ollas" from the University of Arizona Extension at tucne.ws/1ql0

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Do you have any gardening topics you'd like to see covered in the Tucson Garden Guide? Email dheusinkveld@tucson.com with your suggestions and questions.



TIM FULLER
Joe McGrath addresses the audience during Rogue Theatre's 2019 performance of "Much Ado About Nothing."

Theatre

From E1

"Sometimes it falls flat on its face, but you can't fault a theater for falling flat on its face for doing some-

thing courageous. And I think the Rogue is always doing something courageous."

Contact reporter Cathalena E. Burch at cburch@tucson.com. On Twitter @Starburch

days Sept. 6-29

Where: Rogue Theatre at the Historic Y, 300 E. University Blvd.

Tickets: \$47, \$37 for pre-

views; \$15 student rush at the box office 15 minutes before curtain with re-

strictions. Order online at theroguetheatre.org.

If you go

What: Rogue Theatre opens its 20th anniversary season Sept. 6 with Thornton Wilder's "The Skin of Our Teeth"

Performances: 7:30 p.m.

Fridays, 2 and 7:30 p.m.

Saturdays and 2 p.m. Sun-